

EAST MARSHLAND BENEFICE GOOD NEWS PARISH MAGAZINE

Terrington St John * Tilney St Lawrence * Tilney All Saints
Wiggenhall St Germans * Wiggenhall St Mary Magdalene

SEPTEMBER 2016



ALL ENQUIRIES ON CHURCH MATTERS

(including weddings, baptisms and funerals)

to Revd Martin Dale

01945 880259 or by e-mail to mndale@aol.com

Home Communion

If you, or someone you know, cannot get to church and would like to receive communion at home, please contact either Rev. Martin Dale (01945 880259) or Rev. Barbara Pearman (01553 828808)

Prayer Chain

If anyone would like prayers said for anyone or have any concerns please contact Angie Yeoman on 01553 617518

Please forward all items for **OCTOBER** newsletter to mndale@aol.com no later than **14th SEPTEMBER 2016**

Clergy and Readers

East Marshland Benefice		
Revd Martin Dale	The Vicarage, 37 Church Rd, Tilney St Lawrence, PE34 4QQ	01945-880 259-
Revd Barbara Pearman	8 School Rd, Tilney All Saints, PE34 4SJ	01553-810808
Mark Wright	Black Horse, Surrey St, Wiggshall St Germans, PE34 3EX	01553-617 689
Mrs Stevie Brooks	11 Church Rd. Tilney All Saints PE34 4SJ	01553-829 276

Churchwardens

Terrington St John		
Mrs Christine Chaffe	10 King John Avenue, Kings Lynn, PE30 4QA	01553-691 613
Mr Tim Clayton	Silverton House, Church Road Terrington St John, PE14 7RY	01945-880 406

Tilney St Lawrence		
Mr Geoffrey Place	Woodstock, Workhouse Lane, Tilney St Lawrence, PE34 4QH	01945-881 126
Mrs Wendy Shattock	5 Aylmer Dr. Tilney St Lawrence PE34 4RQ	01945-881 285

Tilney All Saints		
Mrs Stevie Brooks	11 Church Rd., Tilney All Saints PE34 4SJ	01553-829 276

Wiggshall St Germans		
Mrs Addy Alexander	14 Fitton Road, Wiggshall St Germans PE34 3AU	01553-617 513
Mrs Angela Yeoman	84 High Rd., Tilney-cum-Islington PE34 3BN	01553-617 518

Wiggshall St Mary Magdalene		
Mr Peter Gagen (Churchwarden Emeritus)	73 Stow Rd, Wiggshall St. Mary Magdalene, PE34 3DJ	01553-810509
Mrs Christine Hale	Riverside, 77 Stow Rd, Wiggshall St Mary Magdalene, PE34 3DJ	01553-810 385
Mr Alan Sherfield	Toll Bar Cottage, Toll Bar Corner, Wiggshall St Mary Magdalene, PE34 3BE	01553-810 796

VICAR'S LETTER

As I write this letter, we are in the middle of the Olympics in Rio, with the GB Team in second place in the medals table. You might wonder what this has to do with Christianity and a vicar's letter.

Just tonight I came across an article entitled:

Meet The 'Iron Nun', An 86-Year-Old Triathlete Who Is Giving Us Serious Fitness Goals

Next time you make an excuse to get out of exercising, think of Sister Madonna Buder. She completed her first Ironman race - comprising of a 2.4-mile swim, 112-mile bike and 26.2-mile run - in 1985, aged 65. At 75, she became the oldest woman to ever complete an Ironman triathlon. At 82, she set a world record as the oldest Ironman triathlon competitor.

Sister Buder first got into exercise after attending a workshop led by a priest who championed running as a way to harmonise the mind, body and soul. But after seven years of running, she craved more and signed in her first triathlon, intrigued by the variety it offered. The rest, as they say, is history.

"There was a time when I didn't want to see a pair of running shoes," she said, reminiscing.

But she credits faith, listening to her body and maintaining a positive attitude to her physical endurance.

"You carry your attitude with you," Sister Buder said. "You either achieve or you self-destruct. If you think positively, you can even turn a negative into a positive. I realised the only failure is not to try, because your effort in itself is a success."

St Paul makes reference to the Olympic Games when he says in 1 Corinthians 9:

²⁴ Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. ²⁵ Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last for ever. ²⁶ Therefore I do not run like someone running aimlessly; I do not fight like a boxer beating the air. ²⁷ No, I strike a blow to my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.

And doubtless if you have been watching the Olympics you have heard about the strict training that the athletes who have won gold go into - and the backup teams of trainers, nutritionists, doctors, parents and family that have made all the training possible.

And I wonder if we as Christians should take time for spiritual training. The back-up teams are friends in Church or the Home Groups we attend. The training we do is to read our Bibles regularly following a theme from Bible Study notes in our private time and praying for others as well as ourselves. How much time do we spend in our own prayer and quiet times with God? For that is the sort of training St Paul talks about.

If you want to find out more and would like to get involved in a mid-week house group where you can find your spiritual "back up team", please e-mail me or give me a call at 01945-880 259.

With best wishes
Revd Martin Dale

Tilney All Saints Church

Churchwarden needed!

Stevie Brooks, our long serving churchwarden, has given advanced notice that she will retire next April. She will have completed 20 years of devoted service when she retires and will be enormously missed.

We urgently need someone willing to volunteer and step up as churchwarden. If they take on the role soon, they will have the advantage of being able to learn from Stevie. Hopefully Please think about this and consider if you could offer yourself in this way. Obviously you need to be a Christian believer and willing to attend church regularly.

We are fortunate in having wonderful volunteers who help keep the church going in many different ways. I thank each and every one of them for the time which they so generously give. Every time someone reaches out to serve their community, it strengthens that community and makes it a better place to live. If there are any of you who would like to help, here are some possibilities:

1. We need a good DIY enthusiast to replace the big cupboard in the meeting room. We have doors for it but we need someone to build a frame and hang the doors. We don't expect anyone to do this for nothing but we have very little money to spend although we can offer a reasonable sum.
2. We need someone(s) to start a children's group during Sunday Services. Obviously, they would need to be Christian believers & would have to have a DBS check. It's a wonderful and immensely enjoyable thing to do.

3. We used to have an organist, but since our last organist died we haven't replaced him. It would be wonderful to have music for services again (we have to rely on recorded music). It doesn't have to be organ music but live music would be a real treat.
4. We had quite a large choir many years ago but once the person who trained them moved away, it gradually petered out. If there's anyone out there who loves to sing or who enjoys encouraging other people to sing, why not form a local choir?

I am excited that a group of people have expressed an interest in learning Bell Ringing. Our bells sound lovely and it would be wonderful to hear them more often.

If you feel like volunteering for anything, please get in touch.

Rev'd. Barbara Pearman 01553 828808
barbarapearman@hotmail.com

Don't sit at home wondering what to do with yourself.

YOU ARE NEEDED

Dates for your diary

A Car Rally/ Treasure Hunt

This is planned for **Saturday, 8th October 2.30pm** (*Please note change of date.*) starting from The King of Hearts car park at West Walton (next to the Church) and finishing at Tilney All Saints Church with a bring and share meal. **Entry fee is £5 per car.**

Harvest Festival

This will be celebrated on **Sunday, 9th October 10am** in the church. We have so many people to be thankful for: from farmers

and growers to harvesters, packers, drivers and shop workers but most of all to our heavenly Father who makes all this possible. We may have to be careful how we spend our money and use a bit of ingenuity to feed our families from time to time but we still have much to be grateful for. Come and join us in saying 'thank you' for all that we have. Gifts of produce will be gladly received and 'sold' at the end of the service. Money raised will be shared between a Farming Support Charity and Water Aid.

A Service for all those suffering the pain of bereavement

This will be held on **Sunday, 30th October at 2.30pm**. Whether your loss is recent or many years ago, you are very welcome to come along and light a candle for your loved one(s).

Remembrance Day

This will be celebrated at the War Memorial at the church on **Friday, 11th November at 11am** with a short service and wreath laying ceremony. Everyone is most welcome.

Book Exchange

Many people use the book exchange and we have been grateful for all the generous donations of books. Unfortunately we have completely run out of space to store any more books so no more donations for a while please!

Church Roof

Unfortunately we have been turned down again for a grant from the government roof repair fund. They have been overwhelmed by countless applications for funding and unfortunately, in the present economic climate, there is unlikely to be any more money. This is a blow but we must pull ourselves together and pray for a solution. If any of you have any fund-raising ideas or would be willing to make a regular donation via direct debit, please get in touch. **We need your help**

Please remember that no-one ever needs an invitation to Church, everyone is extremely welcome to join in services or visit the building whenever they choose. When you visit, we hope you will find a place of prayerful peace and serenity.

Rev'd Barbara Pearman

01553 828808

barbarapearman@hotmail.com

Terrington St John Church News

For the third successive year, the Anglican and Methodist communities are working together to celebrate the harvest festival in the village.

On **Sunday 18th September** the harvest service will be at the Parish Church at 11.00 a.m. led by Revd. David Grundy.

A **Harvest Supper** will be held at the **Methodist Church** on **Tuesday 20th September** at **6.30 p.m.**

Terrington St John Methodist Church News

A United Anniversary Service was held on Sunday, 17th July to celebrate ten years since the opening of the redeveloped premises.

About fifty Anglicans and Methodist friends enjoyed the service led by Rev Martin Dale, who accompanied the hymns on guitar along with his wife Maddy on violin, Anne Akred on saxophone with Alan Akred on clarinet. Lessons were read by Veronica Nelson and Christine Chaffe. The sermon was preached by the Chairman of the East Anglia District of the Methodist Church, Rev Julian Pursehouse with the theme 'Holiness and Justice'. Abigail Peters sang a solo and the offertory stewards were Abigail and Lucinda Knight. Doreen Diggle, the oldest member cut a cake and blew out the candles.

A buffet tea was enjoyed by all.

A **Harvest Supper** will be held at the **Methodist Church** on **Tuesday 20th September at 6.30 p.m.** This will be followed by entertainment. Cost for the evening is £5.00 and names should be given to Mrs. Veronica Nelson.

*Proceeds from the supper will be donated to
The Kenya Orphanage Appeal.*

Sunday Services - September

September	4th	11.00 a.m.	United Cafe service at Chapel Sub Dean of Chapels Royal.
September	11th	11.00 a.m.	Diane Von Helmholtz
September	18th	11.00 a.m.	Harvest at Parish Church Rev David Grundy.
September	25th	11.00 a.m.	United Cafe service at Chapel Revd M Dale

Wiggenhall St. Germans News

To celebrate St. Germanus, the patron saint of our church and village, nearly forty people came together at the end of July to enjoy a hog roast. It was a very enjoyable evening and we would like to thank everyone who provided the food and drink and everyone who helped.

We would like to say a very big 'Thank You' to Peter Webb for providing such a lovely venue and for all his hard work.

We hope that you enjoy seeing the flag flying above the church tower. This is the flag of St. George, the Patron Saint of England, and the Church of England's official church flag. When the flagpole was erected it was discovered that the church did not have a lightning conductor. We have now had one installed!

Harvest Mini Fayre
Saturday 1st October
Grand Raffle

Prizes include a voucher for a free MOT
Meat Voucher * & Fruit Basket
Harvest Bake stall, Book stall, 50 pence stall
If anyone would like to donate goods for the stalls
or do a flower arrangement
please contact Addy Alexander on 01551 617513

Prayer and Praise Evenings

Monday 19th September
At 7.30 p.m. in the Parish Church
Everyone welcome to this evening
of informal prayer and praise



Youth Club

Want Something to Do
or Somewhere to Meet with Friends?
Then come along to the Youth Club

**Next Club Night is Monday 12th September
7.00 p.m. - 8.30 p.m.**

At Wighenhall St. Germans Methodist Chapel

Run by members of the local churches
This is open to all young people 11 years and over
Come and have fun - £1 per night
Table Tennis - Badminton - Pool - Activities - Cooking
For more information call Angie Yeoman on KL 617518
or Margaret Cook on KL 617617

Advance Notice

**Wighenhall St Mary Magdalene Church
Sunday 6th November 2016**

There will not be a service in the morning on Sunday the 6th November 2016 because Bishop Stephen of Ely will be conducting the Deanery Confirmation Service in our Church at 3.00pm

Everyone is invited to attend this service at 3.00pm and see and support the eight members of Magdalen Church being confirmed with others from Churches in the Deanery.

We look forward to seeing you there

TILNEY ST. LAWRENCE PARISH CHURCH

COFFEE MORNINGS

10.00 A.M. - 1.00 P.M.



SATURDAY 24TH SEPTEMBER 2016

SATURDAY 15TH OCTOBER 2016

STALLS RAFFLE BOOKS
PLANTS BRIC-A-BRAC



Refreshments will be served

IF ANYBODY WOULD LIKE TO HAVE A STALL
ON ANY OF THESE DAYS OR HELP IN ANY WAY,
PLEASE CONTACT LINDA OR WENDY ON
01945 882114 OR ANNE ON 01945 880222



IF ANYONE HAS ANY BRIC-A-BRAC
PRIZES OR CAKES TO DONATE
WE WOULD BE VERY GRATEFUL



TILNEY ST. LAWRENCE

PARISH CHURCH

Flower Festival

THEME: BIBLE STORIES



10TH September 10.00 am—5.00 pm

11TH September 12.00 noon—4.00

pm



STALLS RAFFLE BOOKS
TOMBOLA, GAMES, PLANTS,
Bric a Brac and much more.



Refreshments will be served all day

IF ANYBODY WOULD LIKE TO DO A DISPLAY, HAVE A STALL
OR HELP IN ANY WAY, PLEASE CONTACT
ANNE THOMPSON ON 01945 880222

If anybody has any bric-a-brac, or cakes, or anything
to donate please

contact us on 01945 880222 or 01945 882114



Wiggenhall St Mary Magdalene Church

**Family Service 11.00am
Every first and third Sunday**

Come and have fun whilst praising God and His Son Jesus and learning more about him.

Fellowship afterwards over coffee and cakes

Book Sale and Cream Teas

**Saturday 17th September
2.00 p.m. - 4.00 p.m.**

Harvest Supper in the Church

**Saturday 8th October 6.30pm
£5.00 for a 2 course hot meal**

Barn Dance

**Saturday 29th October
7.30 p.m. in the Village Hall
£6.00 including Ploughman's Supper
Bring your own drinks**

**Tickets from Mrs. King, Rene Tibbs, Alan or Chris
*Profits to the Church restoration work***

Wiggenhall St Mary The Virgin Church

Due to work being carried out the church will not be open nor will there be any services here during the summer.

The 5 p.m. service on the first Sunday of the month will take place at Wiggenhall St. Germans Parish Church.

Wiggenhall St Germans Methodist Church

Sunday Services - September

- September 4th 11.00 a.m. Informal worship
- September 11th 9.30 a.m. **Rev. Andrew Maguire**
- September 18th 9.30 a.m. United Family Breakfast Service
in Parish Church
- September 25th 10.00 a.m. United Harvest Festival in Chapel
Jenny Sparks
-

OPEN DOORS by Lyn Sandford

*High Summer
High as August
High as the plane
That is the blue sky*

*High as the leaves
That sparkle and shimmer
High as the butterflies
That circle and flutter
High as the magpie
That cackles and mutters
High as the scent
Of the roses and daisies*

*Light as the thistledown
Floating and twirling
Free as the breezes
Invisibly lifting
Warm Summer evening
House Martins are gathering
Pairing and soaring
As the Harvest
Comes Home*

EAST MARSHLAND BENEFICE

September Sunday Services

	Terrington St John	Tilney St Lawrence	Tilney All Saints	Wiggenhall St Germans	Wiggenhall St Mary Magdalene
4th Sept 2016 Trinity 15	11.00am United Cafe Family Service in TSJ Chapel MND	9.30am Holy Communion MND	9.30am Morning Service SB	9.30 am Holy Communion BP 5pm Evensong MW	11.00am Family Service SB
11th Sept 2016 Trinity 16	See Tilney St Lawrence	10.00 am BENEFICE Holy Communion MND	See Tilney St Lawrence	See Tilney St Lawrence 5pm Evensong MW	11.00am Morning Prayer PG
18th Sept 2016 Trinity 17	11am Harvest service Revd David Grundy	9.30am Communion by extrn MW	9.30am Morning Prayer SB	9.30am United Breakfast Family Service Lesley Best 5pm Evensong MW	11.00am Family Service Chris Hale/Alan Sherfield
25th Sept 2016 Trinity 17	11.00 Cafe service in TSJ ANGLICAN CHURCH MND	9.30am Holy Communion BP	9.30am Holy Communion MND	9.30am United Service in the Chapel 5pm Evensong MW	11.00am Family Holy Communion Rev Robert Slipper

LECTIONARY SEPTEMBER 2016

	OT	NT	Gospel
4th Sept 2016	Jer. 18:1-11	Philemon 1-21	Lk 14:25-33
11 th Sept 2016	Jer 4:11-28	1 Tim.1:12-17	Lk 15:1-10
18th Sept 2016	Jer 8:18-9:1	I Tim 2:1-7	Lk 16:1-13
25th Sept 2016	Jer 32:1-15	I Tim 6:6-19	Lk 16 19-end